



**Duration: 1 Day**  
**Course Code: SSH45**

### Course Description:

Heart and circulatory disease claims around 200,000 lives each year. Many could have been saved if a defibrillator was made available.

Automated External Defibrillators (AED's) are now becoming more common throughout a range of public and work places. A casualty's survival rate will dramatically increase if an AED is available and if you have appropriately qualified personnel to use it.

### Who Should Attend CPR & AED Training?

If you want to learn how to use an AED, this very practical course will enable you to use the AED competently and with confidence. Not only does this course deal with the use of an AED but it also includes vital training in resuscitation and choking procedures.

### Course Contents:

- Responsibilities and reporting
- Assessment of the situation
- Defibrillation procedures
- Choking
- AED safety and functions
- Dealing with an unresponsive casualty
- Paediatric defibrillation
- Resuscitation
- Heart attacks
- Infection control

### Assessment:

The course Instructor is responsible for determining whether delegates pass or fail based on practical and oral assessment throughout the course, i.e. by observation and oral questioning, as well as the completion of a multiple-choice question paper at the end of the course. The Instructor will only award a pass if they believe that delegates have displayed the requisite understanding and competencies at the end of each session throughout the course and successfully completed the question paper.

### Certification:

This qualification lasts for 3 years. To renew their qualification after 3 years, delegates will need to retake the full course. However, it is recommended that, during the 3 year period, delegates attend annual refresher courses.

**\*BESPOKE COURSE | Course Duration, Level & Duration: Depends On Content & Individuals**

